Newsletter for friends of the Overlake Medical Center Foundation

Spring 2025









Our care for your family includes babies and children, too

SEE PAGE 3 for some of the ways Overlake supports our youngest patients.

At Overlake Medical Center & Clinics,

we are committed to providing you with exceptional care across your lifetime. Donor contributions support comprehensive programs that are designed to address the health needs of our families, from infancy through old age, ensuring that every patient receives personalized and compassionate care.

Care for the WHOLE Family

WOMEN'S Health

Your contributions support a wide range of services for women, from routine check-ups and preventive screenings to specialized care in OB/GYN, urogynecology, and gynecological surgery. Our team excels in providing advanced maternity care, including high-risk pregnancy management. We also offer cutting-edge treatments for conditions such as endometriosis, fibroids, and pelvic floor disorders, ensuring that women receive the best possible care at every stage of life.

MEN'S Health

Men's health at Overlake is equally comprehensive. Your gifts support services that include routine exams, health screenings, and specialized care. One of the innovative treatments we offer is aquablation therapy for benign prostatic hyperplasia. This minimally invasive procedure uses a robotically guided, heat-free water jet to remove excess prostate tissue, providing effective relief with a low risk of complications.

SENIOR Health

With your help, Overlake's Senior Health Clinic provides specialized care for individuals aged 65 and older. Our geriatric experts, including physicians, pharmacists, and nurses, create personalized treatment plans. This holistic approach ensures patients receive comprehensive support to maintain or improve their daily functioning.



YOUR DOLLARS AT WORK



Jon Duarte
President & CEO,
Overlake Medical Center
& Clinics; CEO, MultiCare,
North Sound Region

Moving Forward, Together

Your generous donations help us invest in the latest technology, expand our facilities, and recruit the best medical talent, so we can keep providing exceptional care.

Dear Friends,

I am honored to write to you as the newly appointed president and CEO of Overlake Medical Center & Clinics and CEO of MultiCare's North Sound Region.

Since joining Overlake in 2014, I've seen the amazing care we provide and the profound difference it makes in our community. What started as a small effort to meet Bellevue residents' basic healthcare needs has grown into a world-class health system serving 200,000 people each year in the Puget Sound region.

As we kick off this exciting new chapter, I want to share my vision for Overlake's future and how important your support is now and into the future. Your generous donations help us invest in the latest technology, expand our facilities, and recruit the best medical talent, so we can keep providing exceptional care.

I've personally experienced Overlake's compassionate care, from the birth of my daughter to my father-in-law's heart surgery. This level of care inspires me to make sure we continue to grow and advance our capabilities.

Together, we have a significant opportunity to shape the future of healthcare in the Puget Sound region. Your continued support is crucial as we aim to become the leading healthcare provider in the North Sound Region.

Thank you for your unwavering commitment to Overlake. I'm looking forward to working with you to achieve our ambitious goals and continue providing exceptional care to our community for years to come.

Warm regards,







NEONATAL Intensive Care Unit (NICU)

Some of the 3,500 babies born at Overlake each year need extra support. With your help, Overlake's NICU provides specialized care for fragile newborns, including those born prematurely or with medical complications. As a Level III NICU, we offer advanced respiratory support and continuous monitoring. The unit is staffed 24/7 by neonatologists and nurses trained in neonatal care.

PARENT and BABY Care Center (PBCC)

Overlake's Parent and Baby Care
Center provides comprehensive
support for newborns and their
families. Services include postpartum
follow-up exams and lactation support
for moms, as well as screenings and
check-ups for newborns. With donor
support, the center helps parents
navigate the early stages of parenthood with confidence, addressing
both physical and emotional needs.

PRIMARY Care

Overlake's primary care clinics provide comprehensive healthcare services for children, ensuring their wellbeing from infancy through adolescence. The clinics offer routine check-ups, vaccinations, and screenings to monitor growth and development. With convenient locations and access to specialists, Overlake ensures that children receive timely and coordinated care.

Donor support plays a crucial role in sustaining and expanding all of these vital services. Your contributions help us acquire state-of-the-art technology, support innovative treatments, and extend our community outreach efforts. By supporting Overlake's programs, you are making a significant impact on the health and wellbeing of **EVERYONE** in our community.



BEARS on Duty

"Everyone needs a bear sometimes."

When the teddy bears arrived, an **Emergency Department** (ED) nurse grabbed one before they'd even been put away. Her tiny four-year-old patient was waiting for his x-ray.

The Dwayne Clark
Family Foundation's
holiday gift of 800
bears highlighted
a little-known fact:
Though Overlake
is not a pediatric
hospital, WE CARE FOR
A LOT OF KIDS.

In fact, about 10 percent of the 55,000 patients we see in the ED each year are children or teens. Some of them are scared and need a teddy bear! "We were so pleased to help children in our community with this gift," says Dwayne Clark. "Everyone needs a bear sometimes."



The **POLAR BEAR CUB** CLUB

Parents, grandparents and other family and friends can honor a new Overlake baby by adding them to the Polar Bear Cub Club with a gift.

Your gift of \$50 or more will add your cub's name to the club, found online at **overlakehospital.org/cubclub**. You will also receive a frameable, personalized certificate with your baby's name. Your cub's name will stay on the site for one year and can be renewed as many times as you like.

To start the process, visit **overlakehospital.org/cubgift**, scan the QR code below, or call the Foundation at 425.688.5525.



Your gift will support care and services in Overlake's Childbirth Center, NICU, and Parent and Baby Care Center, so every new family can get the best possible start.



OVERLAKE MEDICAL CENTER FOUNDATION

1035 116TH AVE NE BELLEVUE, WA 98004



Celebrate your doctor!

As we approach National Doctors' Day on March 30, we take this opportunity to honor the work and dedication of our physicians. Their unwavering commitment to providing exceptional care, especially during challenging times, has been nothing short of heroic.

Overlake is proud to have 1,300 affiliated providers on its medical staff, including more than 300 physicians and advanced-practice providers who are employed by the organization. They all work together to provide the highest quality of care to our community. Your generous contributions have played a crucial role in supporting these healthcare heroes. With your help, we've been able to provide essential resources,



National Doctors' Day is March 30.



advanced medical equipment, and continuous training to ensure our doctors can deliver the best possible care.

On this special day, we celebrate the remarkable impact our doctors have on countless lives and express our deepest gratitude for their service. We also extend our heartfelt thanks to you, our donors, for your unwavering support.

We invite you to use the enclosed envelope or scan the QR code to make a donation in honor of a physician who has cared for you and made a difference in your life. Your support will help us continue to uphold the highest standards of healthcare.