



## ALWAYS READY

### Overlake Surgical Services Program

SEE PAGE 2 for more on  
robotic surgery at Overlake.

***If you could help someone who needed immediate surgery, would you do it?***

You already have.

Your support means that surgical services are available around the clock. With **17 inpatient and 4 outpatient operating rooms**, a fleet of skilled surgeons across every discipline, and surgical robots to assist in many cases, Overlake stands ready to provide advanced, lifesaving care.

**"We run 24/7,"** says Amos Schonrock, Director of Perioperative Services. "Trauma cases can arrive anytime. Other acute needs can arise as well. We're ready."

In addition to our expert surgeons, many other teams of skilled professionals have a hand in each surgery. From pre-admission planners to anesthesiologists, highly trained recovery nurses, and others, we make every procedure a priority.

With your help, **Overlake provided over 13,000 surgeries in the last year.** Our surgeons stay abreast of the latest advances in surgical care, including minimally invasive surgical techniques and robotic surgery.

"High-tech and robotic surgery is a professional and community expectation now," Schonrock says. "The use of robotics in surgery means the greatest possible precision, faster recovery, and less time in the hospital."

In fact, **Overlake is outperforming national standards for length of hospital stay in robotic general, bariatric, and thoracic surgery.** And our patients spend less time in the operating room than national averages in robotic bariatric, urologic, and thoracic surgeries as well.

*If you or someone you love needs surgery, today or in the future, we're here for you. You are a key member of the team. Thank you.*

**"... robotics in surgery means the greatest possible precision, faster recovery, and less time in the hospital."**

## Your Dollars at Work:

# 10,000 Robot-Assisted Surgeries — and Counting!

Donors first came together to support the establishment of a robotic surgery program at Overlake back in 2010. Since then, you have helped us upgrade to newer versions of the original robot and expand our program to maintain state-of-the-art capabilities.



**Recently, Overlake celebrated a surgical milestone—performing its 10,000th robotic-assisted surgery utilizing the da Vinci system by Intuitive, highlighting our commitment to providing exceptional care to our patients.**

The da Vinci system is an extension of a surgeon's eyes and hands, offering a 3D, high-definition view of the surgical area, as well as a greater range of motion and smooth precision. Throughout the

procedure, the surgeon is in control of every move, with the robotic system providing an additional set of tools to enhance surgical accuracy.

The added benefits of the robotic-assisted surgery for patients include smaller incisions, less scarring, less pain, shorter hospital stay, and faster recovery.

Your support for world-class care on the Eastside has allowed 10,000 patients to benefit from robotic-assisted surgery.

***Thank you.***

Today, Overlake utilizes three da Vinci systems—in addition to other robotic technologies—providing us with tools to offer the most technologically advanced care on the Eastside. The da Vinci system is currently being used in the wide range of specialties:

- Cardiothoracic surgery
- Colon and rectal surgery
- General surgery
- Gynecology
- Gynecology oncology
- Single-site gall bladder surgery
- Urogynecology
- Urology
- Weight loss (bariatric) surgery

## A New Era Begins



Mike Marsh

**After a 40-year career in healthcare, J. Michael Marsh, president and CEO of Overlake Medical Center & Clinics, has announced his retirement, effective Jan. 17, 2025.**

Under Marsh's leadership, Overlake has advanced to become recognized regionally and nationally for its patient safety, care quality and patient experience rankings, as well its exceptional organizational culture and employee engagement. Recognized as a visionary as well as a consensus builder and skilled negotiator, Marsh has led all aspects of the health system to help ensure high quality, compassionate and safe care for its patients.

**The Overlake Board of Trustees has named Jon Duarte, Overlake's chief strategy officer (CSO), as the next president and CEO.** Duarte joined Overlake in 2014 and has been an instrumental leader in establishing and executing on Overlake's strategic direction.

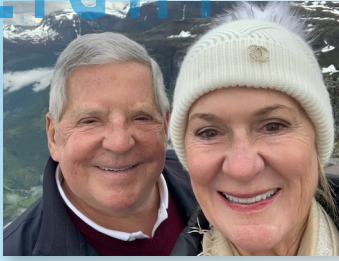
Duarte will take the helm during the first few months of Overlake's affiliation with MultiCare Health System, which officially began Oct. 1, 2024. This affiliation enables Overlake and MultiCare to collaborate, integrate best practices and expand access to care and clinical programs. Overlake's Board of Trustees, leadership team, medical staff and the Foundation will remain in place.

The Foundation will continue raising funds for the sole benefit of Overlake's vital programs and services. Donations will continue to be designated for the purpose for which they were intended. As we take this historic step forward, we are grateful for your support.



Jon Duarte





**Dr. Michael & Peggy Swistak**

The Swistaks' Overlake story began way back in 1988. Michael joined the medical staff as an interventional cardiologist, while Peggy did community education as an Overlake dietitian/nutritionist. Their generous giving started early.

*"I felt like I had won the lottery," Michael says. "Overlake was the best of all the hospitals where I had trained or worked."*

"We supported the organization every way we could," Peggy adds. "In my 26 years with Overlake, I served as president of the Auxiliaries and on the Foundation Board, in addition to our giving."

Over the years, the Swistaks enjoyed attending the Bandage Ball, which Peggy chaired several times, and bidding on auction items. That's how they won the right to name the main road on the Overlake campus—Felix "Terry" Swistak Drive—named after Michael's father.

Now retired, the Swistaks have continued their giving, and recently let the Foundation know they have included Overlake in their estate plans. "Overlake has helped hundreds of thousands of people and deserves to be supported and rewarded," Peggy explains. "It's one of our top philanthropic priorities."

Michael agrees. "It's important to us to keep vital community institutions like healthcare, arts and schools, viable," he says. "Especially nonprofits, like Overlake."

While the estate gift will create a legacy for the Swistaks, they are not done giving in the present. "We feel very privileged to have been a part of the hospital for all these years," says Michael. "It is our honor and pleasure to continue supporting Overlake in our retirement."

If you would like to opt out of receiving future solicitations from Overlake Medical Center Foundation, please call 425.688.5525 or email [solicitationopt-out@overlakehospital.org](mailto:solicitationopt-out@overlakehospital.org).



## LEAVE A LEGACY

**A popular way to meet your philanthropic and financial goals**

Are you interested in creating your own legacy of care for the community? Many estate gifts are simple to establish and allow you financial flexibility. Creating an estate gift may also reduce or eliminate federal and state estate taxes. A few options:

### WILLS & TRUSTS:

You can provide world-class medical care for the community in the future by naming Overlake in your will or trust. This option allows you to designate a specific dollar amount, a percentage of the estate, or a specific asset.

### BENEFICIARY DESIGNATIONS:

When you name Overlake as a beneficiary of your retirement plan, life insurance policy, or commercial annuity, you may designate a percentage or a specific dollar amount. It's easy to do with a Change of Beneficiary form provided by your plan's custodian.

With a planned estate gift, you can specify the Overlake program or service you would like to benefit. You may also add to an endowment fund you already have established. And your gift may reduce your estate taxes by generating an estate tax charitable deduction.

However you structure your estate gift, you will create a legacy that benefits future generations. Please consult with your legal or tax advisor before making your plans.

## Be a Fundraiser **FOR KIDS!**

A new year has begun at **Overlake Specialty School (OSS)**, and students could really use your help. OSS is a unique program serving students in grades K-12 who have significant emotional and behavioral challenges. They come to us from school districts across the region. OSS uses differentiated instruction and positive behavioral supports to help students make up lost ground and eventually return to their home schools.

**Because some of our families struggle with the cost of the many items growing children need, each year we ask for donor support.**



Your donations are used to purchase items students need, such as shoes, coats, and hygiene items.

Joey, age 8, lives with an older sister since his mom is not currently able to care for him. He arrived at school in pants that were too short and sneakers that were falling apart on his feet. Stressed by his circumstances, Joey stopped talking and participating in school. With your help, the OSS team took Joey shopping for clothes and a brand new pair of sneakers. With his new clothing and accessories, Joey started participating more. He reported that the shoes helped him to run faster and play harder.

Now, despite mom's ongoing absence in the home, Joey regularly comes to school in clean

clothing that he changes every day. His hygiene has improved. Best of all, he's talking again.

This year, we're turning to crowdfunding to help kids like Joey. You can visit **justgiving.com/campaign/specialtyschool** to make a gift. Or, you can click the orange "Start Fundraising" button and set up your own fundraiser (it's easy to do in just a few steps). Let your friends and family know and share on your social media!

*Thank you for helping our students!*



Scan the QR code with your phone for a direct link to OSS's giving page.