



2015

REPORT TO THE COMMUNITY

Overlake Medical Center
Overlake Medical Center Foundation & Auxiliaries



COMMUNITY SUPPORT KEEPS OVERLAKE ON LEADING EDGE

Overlake was founded by the community for the community—and we take pride in remembering and embracing that history. As our community grows, so does our commitment to remaining the Eastside’s premier health care provider. As a nonprofit hospital that receives no tax dollars, our ability to remain exceptional is due in large part to tremendous community support.

Over the past fiscal year, our generous Eastside community contributed \$6.4 million to Overlake’s Foundation. You’ll read in this report about how these philanthropic dollars will help buy the latest technology and equipment for patient care, help create a new state-of-the-art Cancer Center, provide financial assistance for low-income patients and support other critical services. We welcome contributions of any size, made by donors of all ages. Gifts can be made in honor of a caregiver or loved one.

On behalf of the Overlake Medical Center Foundation Board, we thank you for your generosity. We look forward to being an effective steward of your philanthropic dollars and continuing to provide exceptional health care for generations to come.

J. MICHAEL MARSH
PRESIDENT AND CEO

MOLLY STEARNS
CHIEF DEVELOPMENT OFFICER

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“If I’m going to give, I’m going to give in Bellevue. That’s home—where I come from.”

—GENE LYNN, OVERLAKE DONOR, FOUNDER OF CAREAGE

VOLUNTEER OF THE YEAR

NANCY REYNOLDS HAS BEEN A DEDICATED OVERLAKE VOLUNTEER FOR 15 YEARS AND COUNTING

Nancy Reynolds has seen cancer take too many of her loved ones. She was only 18 months old when her mother died of ovarian cancer. Her older sister died at age 40. One cousin had uterine cancer, another had breast cancer and melanoma, and a third died of ovarian cancer.

But Reynolds, now age 86, has stayed healthy. She doesn't know why she's been spared, but she's grateful. And to show her gratitude and to help others like her family members, in 2000 Reynolds started volunteering with Overlake's Radiation Oncology and Cancer Resource Center. She's become a part of the team that cares for patients—always there with a smile and a helping hand.

"It's my payback," says Reynolds, who has logged more than 4,900 volunteer hours and was named Overlake's 2015 Volunteer of the Year. "I couldn't ask for a better group of people to work with."

Reynolds, who now volunteers four hours, two days a week, does whatever she can to help the nurses spend more time with their patients. This includes weighing patients, preparing information packets, and cleaning and stocking exam rooms.

"Whatever the nurses need, whatever they want, I'll do it if I can. If anybody needs anything when I'm there and I can do it, I will," she says.

Staff shared that they feel Reynolds truly is one of them. "We love Nancy and so do our patients."



VOLUNTEER STATS

Volunteers

250+

Hours

46,000

Dollar value

\$693,000

Foundation Relaunches the Pulse! Donor Leadership Group

In 2015, Overlake Medical Center Foundation relaunched Overlake's Pulse! Network, a group of community members ages 45 and under who support Overlake as ambassadors and donors. This group plays an important role in engaging community leaders, Eastside residents and professionals in hospital activities, and leadership and networking opportunities.

Pulse! hosts fun quarterly events that range from happy hours to hospital tours to get-togethers that provide an opportunity for Pulse! donors to get to know one another, as well as hospital leadership, and to learn about the services provided at Overlake. Pulse! has already shown itself to be a great way for individuals, as well as local businesses, to become involved in their community's hospital. Since its relaunch, Pulse! donors and sponsors have already contributed more than \$7,000 in support of patient care at Overlake. To join or learn more, visit overlakepulse.org.

DONORS HELP COMMUNITY'S HOSPITAL GROW

We rely greatly on support from our friends and neighbors as we continue to serve the health care needs of our growing community. It is donors like you who make Overlake an exceptional health care provider. Our donors represent all facets of the Eastside community. Some were born here, others come from across the globe. We are grateful to all of our donors, including individuals, families, seniors and youth. Here, just a few who have supported Overlake share why they give.



“Many people don’t understand that Overlake does not receive any tax support and relies upon gifting to maintain its state-of-the-art facility and care. It was originally established by a grassroots movement in the ‘50s and continues to be supported by generations ahead of mine. I hope to encourage my contemporaries to be involved by either donating time or money to help maintain a first-rate establishment.”

— **Gopika Moolgavkar, PULSE! LEADERSHIP COUNCIL MEMBER**

“I was born at Overlake, so my parents talked to me about it and they told me about Overlake and how they made donations when I was little. I decided I wanted to help donate, and so my first year I donated \$1 (at age 4) and then I kept donating.”

— **Maddy Thompson, 12-YEAR-OLD FUNDRAISER AND DONOR WHO WAS BORN AT OVERLAKE AND WHOSE MOTHER, GLORIA THOMPSON, WAS TREATED HERE FOR COMPLICATIONS AFTER MADDY’S BIRTH**



“We’ve lived in Bellevue long enough that we remember when there was no hospital. We had to go to Seattle. We’ve watched the hospital grow over the years. The Eastside is not a suburban area; it’s a community in and of itself. The hospital has to grow with it. A community is not complete without a hospital. When you have something like cancer or a cardiac condition, it is comforting to know that you have the very best doctors and care available right here at Overlake.”

— **Bob and Clodagh Ash, LONGTIME SUPPORTERS, VOLUNTEER LEADERS AND CANCER SURVIVORS**

INNOVATION AND TECHNOLOGY MEET COMPASSION

Overlake employs many of the newest innovations to serve our patients. These new offerings, many of which are supported by community donations, are effective because of the caring and knowledgeable physicians, nurses and support staff who use them to provide the hands-on care that makes Overlake a world-class health care provider. We always put our patients first when we consider what new health care innovations and technologies to invest in. But it's the heart and soul of staff members, driven by compassion to treat our patients the way they would like to be treated, that truly make the difference. Here are some of our latest technologies and innovations.

NEW 3-D IMAGING MACHINE HELPS SURGEONS AND ONCOLOGISTS

A SPECT, or single-photon emission computed tomography, machine that gives physicians a 3-D image of the inside of a patient's body is helping radiologists better pinpoint the location of a patient's disease. This is especially valuable for oncology teams looking to select the right treatment, as well as general surgical teams that are planning a route of access. Patients benefit by undergoing less imaging. Overlake is the first site in the state to have the Siemens Symbia Intevo SPECT/CT model, which also performs more detailed bone scans than previous machines, benefiting our orthopedic surgeons and their patients.

“With Overlake's new SPECT/CT scanner, patients get two scans in one. By fusing the metabolic information from a nuclear medicine scan with the high-resolution anatomic data of a CT scan, this scanner provides amazingly clear images that help me make a confident diagnosis with a single study.” —**Daniel Smoots, MD, RADIOLOGIST**



Ash Patel, MD,
orthopedic
surgeon

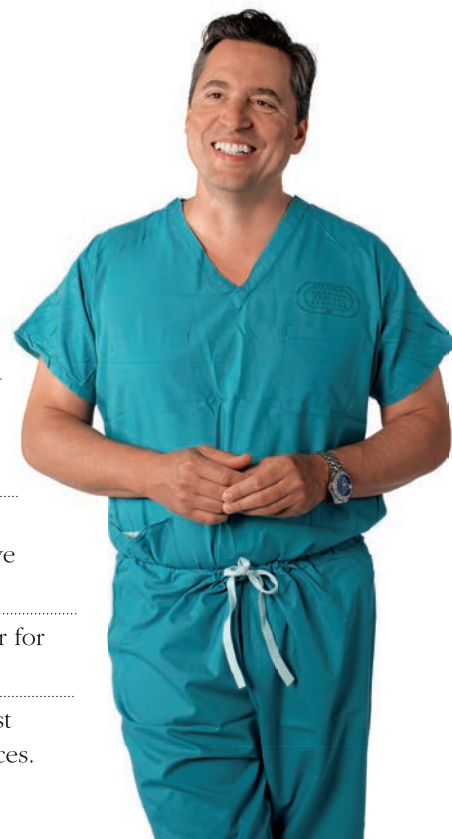
“Our goal in adopting new technologies in surgery at Overlake is to optimize patient outcomes; that means we vet the technology and study potential benefits the technology brings to the patient care experience.”

— Adel El-Ghazzawy, MD, SURGEON (PICTURED)

SIGNIFICANT IMPROVEMENTS IN SURGERY

Several new technological advances are improving care, comfort and outcomes for our surgery patients at Overlake. Here are just a few:

- All patients benefit from new anesthesia machines that not only reduce the amount of anesthetic given to the patient through optimal controls and save money by wasting fewer gases but also are better for the environment.
- New tourniquets used in orthopedic procedures provide personalized settings to minimize bleeding with the least amount of pressure necessary, reducing postoperative pain and improving recovery.
- Our new computer-controlled laser for cataract surgery has made the procedure easier for our patients and surgeons.
- Patients who need cochlear implants to improve hearing have benefited from the latest improvements in technology that result in better outcomes and slimmer external devices.



Betsy Gruber,
spine surgery
patient

TOP STROKE, SPINE AND BRAIN TUMOR TREATMENT

Overlake is on the cutting edge of hospitals treating stroke, spine issues and brain tumors. Once again, we received a Gold+ designation from the American Heart and Stroke Association for being “top of class” in providing stroke care. Recent advancements include:

- State-of-the-art equipment, such as spinal navigation technology, to help our surgeons obtain pinpoint accuracy to shorten surgery times, achieve better outcomes and improve efficiency.
- Biplane angiography provides a multitude of treatment options for complex cerebrovascular issues.

“You get the same quality of care here, without having to leave the community, as you would by going to one of the other top institutions in the world. We also engage in a significant amount of stroke research and can give patients more options through access to devices and medications in trial that may not be available to other hospitals.”

— Abhineet Chowdhary, MD, NEUROSCIENCE INSTITUTE DIRECTOR

Stan Brandt,
Overlake's first
TAVR patient



“We’re at the juncture where technology is changing the field of cardiology yet again.”

— Ronnier J. Aviles, MD, FACC, CARDIOLOGIST

HEART VALVE REPLACEMENTS OFTEN DONE WITHOUT OPEN-CHEST SURGERY

Overlake was one of the first three hospitals in western Washington to replace heart valves using transcatheter therapies and has seen unanticipated demand from our community for this type of procedure. Instead of having to open the chest to replace the aortic valve, surgeons are able to run a catheter through the groin area or a small incision in the chest to access the main aorta and replace the valve with this less invasive procedure. The procedure, which requires a team of specialists, leads to a much easier recovery for patients, says Ronnier J. Aviles, MD, FACC, program director of the Cardiac Center and section chief of Cardiology.

BABIES THRIVE WITH DONATED BREAST MILK AND NEW FORTIFIER

Babies born at Overlake are thriving, thanks to two new ways for them to get the nutrition they need. Our neonatal intensive care unit (NICU) began using Prolacta, a human-milk-based fortifier for infants who need higher caloric breast milk. This new formula is designed specifically for babies at or under 3 pounds and helps stave off the host of medical complications that premature babies can face.

We also launched a Mother’s Milk Depot as a way to collect breast milk for babies in the hospital or at home. Studies show strong clinical benefits to providing donated, pasteurized human milk for premature infants when their own mother’s milk is not available. Since the Milk Depot opened, more than 40,000 ounces (or 312 gallons!) of donated mother’s milk have been collected, and last year the NICU used more than 1,000 ounces to help critically ill premature babies.

We have partnered with the Mother’s Milk Bank of Colorado, which screens the milk, tests the mother’s blood at no cost to donating moms, and distributes the milk in 26 states. “This gives Overlake first access to the milk,” says Marianne Pizzitola, RN, BSN, director of Women’s and Infants’ Services.

Kennedy Hall, the first Overlake baby to receive Prolacta.





DONOR-FUNDED ARRHYTHMIA CENTER LEADS THE WEST

The average heart beats 100,000 times a day. When something happens to interrupt the electrical signals that keep the heart beating, individuals can experience abnormal heart rhythms, or arrhythmias. When arrhythmias are severe or long lasting, the heart may not be able to pump enough blood to the body.

Enter The Bob and Patty Edwards Arrhythmia Center, a new world-class facility at Overlake to treat patients with arrhythmias. Patty Edwards' generous \$1 million gift, made in honor of her late husband, Bob, who suffered from heart disease, helped us build a state-of-the-art Electrophysiology Suite and fund patient education and physician outreach. Our physicians use the suite to treat patients with the most advanced techniques and the best technologies available. Funds are also being used to help educate patients on their procedures and reduce their anxiety. Physician outreach includes education on potential signs of atrial fibrillation and the many different treatment options available to our patients.

Left to right:
J. Michael Marsh,
Overlake president &
CEO; Patty Edwards;
Dr. Derek Rodrigues;
Dr. Jeffrey Fowler.

DOWNTOWN BELLEVUE URGENT CARE CENTER PROVIDES ANOTHER ALTERNATIVE FOR CARE

Overlake expanded walk-in patients' access to physicians when we opened our new Bellevue Urgent Care Center in downtown Bellevue in January 2015. The 6,000-square-foot center at 400 108th Ave. NE is open Monday through Saturday and includes an in-house lab, ensuring patients receive test results before the end of their visits.

The center offers high-quality patient care for illnesses and injuries that are not life threatening but still require immediate attention. Co-pays typically cost far less than a freestanding emergency room visit, making it another option for our community members to get the quality health care they need, when they need it.

"Providing accessible urgent care in the heart of downtown is an important way our doctors help to support a healthy workforce and a growing downtown residential community," said Eric R. Shipley, MD, medical director of Overlake's urgent care centers. "Urgent care offers patients a convenient alternative when they need to be seen right away."



CANCER CENTER CAMPAIGN IN THE HOME STRETCH

In January 2016, we began construction of a comprehensive and advanced cancer center that will provide the best in diagnostic, treatment and support services for our patients and their families. Thus far, community supporters have donated \$8.2 million toward the \$10 million fundraising goal. The hospital is contributing the additional \$10 million to the project. Fundraising is still underway, and we welcome your support at many giving levels.

In addition to philanthropic support, one of the most important parts of this project is the participation of patients and their families, who are helping design the facility. One patient is working with us between chemo treatments. Another family member has continued to help even after her husband passed away. Based on their input, we're designing patient choices into the center, including the types of spaces available for care, better ways for patients to connect to technology, and more comfortable accommodations for visitors.

This community cancer center will use two floors in the Overlake Medical Tower and is expected to be completed by summer 2017.

“We are passionate about finding the best treatments for our patients.”

— **Kristi Harrington, MD, BREAST SURGEON AND MEDICAL DIRECTOR OF THE OVERLAKE CANCER CENTER**

OVERLAKE PATIENTS PARTICIPATE IN TUMOR PAINT TRIAL

Overlake patients with breast, colorectal, lung and prostate cancers are among the first in the nation to participate in a trial that tests Tumor Paint, a drug used to highlight tumors during surgery. Surgeons eventually hope to use the drug, made by Seattle biotech company Blaze Bioscience, to show the outlines of tumors and other cancer cells, and to more precisely remove them. Results of the Phase 1 study, which could dramatically change the landscape of cancer surgery, will be reported to the Food and Drug Administration to determine if additional studies should continue.

“Innovations like Tumor Paint have the potential to significantly improve the future of cancer care by giving surgeons the ability to see—and remove—more cancer cells during surgery,” said Kristi Harrington, MD, breast surgeon and medical director of the Overlake Cancer Center.



Bandage Ball, 2015.

RAISING COMMUNITY AWARENESS

Overlake Foundation's annual fundraising events bring caring community members together to support exceptional patient care. At the Bandage Ball gala in 2015, more than 700 guests and corporate sponsors raised \$1 million for our Behavioral Health Services. This event unmasked often unspoken mental health issues and highlighted the urgent need for more services in our Eastside community.

In 2014, the Community Partners Luncheon featuring Lee Hood, MD, focused on the impact of emerging technologies on personal health care. More than 400 guests and corporate sponsors joined us to raise \$260,000 for our Ensuring Excellence fund. Guests also attended a health and wellness fair, which showcased many of the services and screenings available to our community.

COMMUNITY CONNECTIONS BY THE NUMBERS

Hours of community education and outreach

47,934

Community education and screening events

705

Participants at education and screening events

17,537

Facebook friends

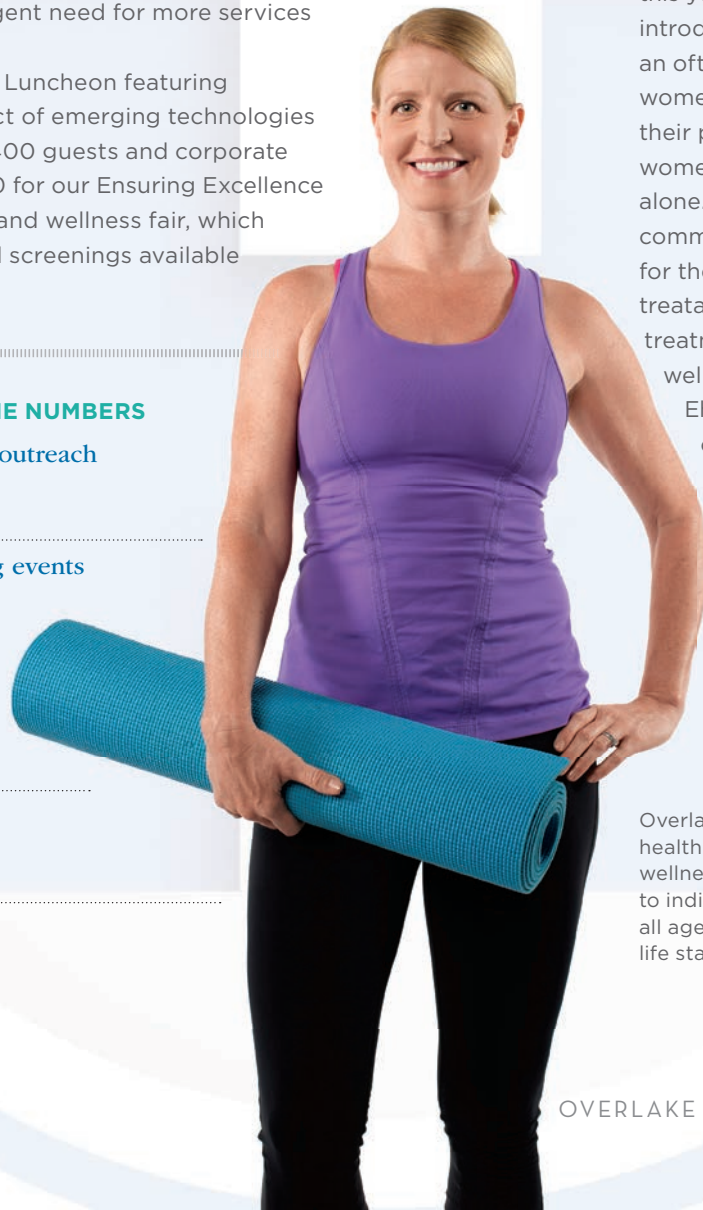
20,433

Twitter followers

4,311

CLASSES FOCUS ON KEY HEALTH ISSUES

Community members with questions about many kinds of health issues—from dementia care to back pain to childbirth and rearing to pelvic health—are encouraged to come to us for free classes. Each month we offer dozens of classes aimed at individuals of all ages and at all life stages. While we have offered childbirth and healthy lifestyle classes for many years, this year we were happy to introduce classes focused on an often-ignored area many women have questions about: their pelvic health. “We want women to know they are not alone. These are incredibly common problems, they are for the most part eminently treatable problems, and the treatments are generally quite well tolerated,” says Mitra Ehsan, MD. For a full list of classes available to the community, see pages 12-15 of *Healthy Outlook* or visit overlakehospital.org/classes.



Overlake offers health and wellness classes to individuals of all ages and at all life stages.

TRAINING FUTURE NURSES

As we look toward the future, we reaffirm our commitment to the community and our patients to provide exceptional quality and compassionate care each and every day. This means we are committed to recruiting and training top nurses. Overlake sponsors a 14-week residency program for recent nursing graduates who are state-licensed and who have passed their boards. These nurses start by observing patients and are given increased responsibilities until they take over a full patient assignment, with backup from a veteran nurse. The nurses not only go to class but also have facilitated meetings to share their experiences and support one another. This program is also a great opportunity for our own nurses to train in different specialties. Overlake's Auxiliaries and supporters from Bandage Ball originally helped fund implementation of this program, and subsequent support demonstrates one more way that we continue to rely on the generosity of our community.

EMPLOYEE GIVING

Number of employees who gave to the Foundation

617

Amount contributed by employees

\$340,975

“I definitely believe in the adage ‘charity begins at home.’ As a member of the Overlake team, I want to assure its continued excellent work and future success. My donation is simply part of that commitment—a commitment to provide medical excellence every day.”

— Dee Mann Aust, **DIRECTOR OF CARE MANAGEMENT**



RECOGNIZING AWESOME NURSES

Overlake nurses have the opportunity to influence, impact and effect change with every caring relationship. To recognize the outstanding patient-centered care they provide, we honor nurses nominated by patients or families with DAISY Awards. The award, created by the national DAISY Foundation, honors nurses whose outstanding relationship with a family or patient enabled them to have a richer experience with Overlake. It's one more way our community partnership is recognized in the day-to-day work that we do. Overlake awardees include Chris West (December 2014), Alicia Jambai (February 2015), Ligia Pinzariu (May 2015), Leslie Schweitzer (June 2015), Michaela Kay (August 2015) and Rozita Afshar (October 2015). “Our nurses who have won are humbled and touched,” says Julie Clayton, chief nursing officer. “They frequently say, ‘I didn’t do anything for this patient that I don’t do for every patient.’”

DAISY Award winner for August, Michaela Kay, RN.



OVERLAKE MEDICAL CENTER*

Patient Revenue	\$471,759,000
Other Operating Revenue, Investment Income, Contributions	\$16,032,000
Total Revenue	\$487,791,000
Expenses	\$467,284,000
Net Income	\$20,507,000
Uncompensated Care, Community Services **	\$19,384,000

OVERLAKE HOSPITAL FOUNDATION AND AUXILIARIES

Revenues	\$6,588,000
Expenses	\$1,714,000
Net Income	\$4,874,000

*Overlake Hospital Medical Center consolidated
 **From audited financial statements—cost of charity care, Medicaid shortfall and community benefit activities

FOUNDATION AND DONOR ENGAGEMENT BY THE NUMBERS IN FISCAL YEAR 2015:

Total number of donors to the Foundation
1,789

New donors
500

Attendees at the Bandage Ball in 2015
700+

Attendees at the Community Partners Luncheon in 2014
400+

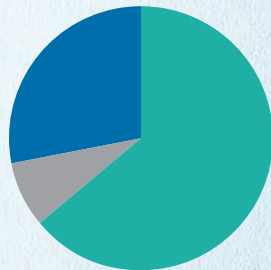
New bequests received
2

Members in the Benefactors Society
87

FOUNDATION & AUXILIARIES FUNDRAISING

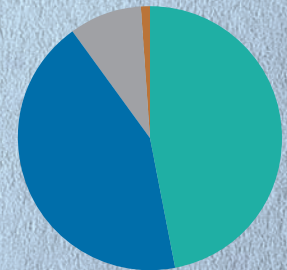
SOURCES OF FUNDS

- Individuals – 64%
- Corporations – 8%
- Foundations – 28%



USES OF FUNDS

- Cancer – 47%
- Excellence – 43%
- Cardiac – 9%
- Women's and Infants' – 1%



OUR DONORS

Overlake Medical Center Foundation & Auxiliaries would like to extend our heartfelt gratitude to each of our donors. The following individuals and organizations made contributions of \$500 or more during the 2015 fiscal year, July 1, 2014 to June 30, 2015.

INDIVIDUALS

\$1,000,000+

Evie and Gene Lynn
The Norcliffe Foundation
Mary Pigott

\$500,000 - \$999,999

Patty Edwards

\$100,000 - \$499,999

The Paul G. Allen Family
Foundation
David N. Cutler
Peter and Peggy Horvitz

\$50,000 - \$99,999

Anderson Foundation
Walt and Elizabeth Demaree
Betty and Kemper Freeman, Jr.
Ted and Jodi Herb
Estate of Preben and Ruth
Hoegh-Christensen

\$25,000 - \$49,999

Jim and Candace Doud
David and Patricia Giuliani
Family Foundation
Diane Kirkman
Sandra La Haye
Mary Warjone Mott
The Robert and Jean Reid Family
Foundation
Robert and Joan Wallace

\$10,000 - \$24,999

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\$5,000 - \$9,999

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\$1,000 - \$4,999

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H. E. Wright
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\$500 - \$999

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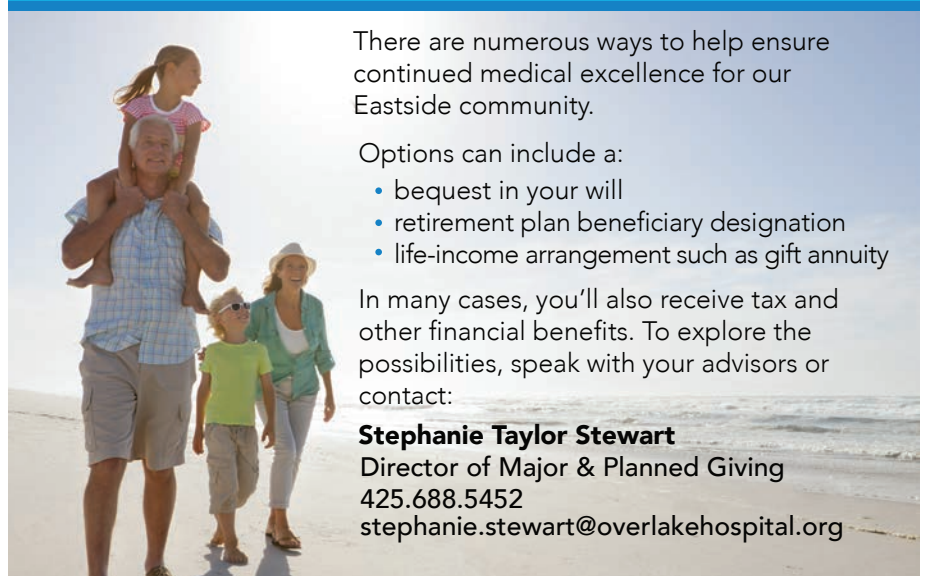
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