

AFTER SURGERY

RECOVERY

- Your surgeon will follow up with your designated contact person when the procedure is completed.
- You will be taken to phase I recovery (Post-Anesthesia Care Unit (PACU)/Outpatient Recovery Room (OPR).
- Visitors are not allowed during phase I recovery, unless due to extenuating circumstances.
- The average time for patients in phase I recovery is 60-90 minutes but can vary based on the procedure, type of anesthesia, and post-op care needed. Delays in care may sometimes occur. Communication will be provided by recovery staff.
- Outpatients will be transferred to one of the following outpatient units, depending on the procedure completed, and prepared for discharge:
 - HVC- Heart & Vascular Unit.
 - PCU- Perioperative Care Unit.
 - SP2- Orthopedic Outpatient Discharge Unit.
- Inpatients will go to an inpatient hospital room.

HOSPITAL DEPARTURE

- If you are going home the same day, your post-op nurse will review discharge instructions with you and your designated contact person.
- You may not drive yourself home.

- Someone over the age of 18 must be present to escort you home, whether in a car, bus or taxi.
- We recommend that a responsible adult remain at home with you for the first 24 hours following your surgery.
- Make a follow-up appointment with your surgeon.

VISITORS

- Visitors are welcome and encouraged during visiting hours.
- Visitors must remain masked at ALL times and follow staff directions.
- The number of visitors during the pre-operative preparation phase, and after surgery, may be limited for patient and staff safety.
- The visitor policy can change in response to local concerns and the need to provide the safest experience for all visitors. Please ask for our most recent policy for complete details.
- Children under 16 are not able to enter our hospital at this time.
- Visitation is not allowed for our COVID-19 positive patients, unless patients meet the exceptions noted in the visitor policy.

You will be asked the same questions by multiple caregivers including your name and date of birth.

Questions?

Surgical Pre-Admission
425.688.5378